2016 Appalachian Full Series - 5K - October 9-15, 2016

Bib	First Name	Last Name	City	State	Age	Sex	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
							VA/WV	VA/WV	TN	NC	SC	GA	AL
97	James	Russell	Sykesville	MD	56	m							01:15:50
521	Kathy	Wehnes	WASHINGTON	IL	69	f			00:59:05				
532	Norm	Duesterhoeft	Westfield	WI	55	m	00:50:04		00:32:17		00:44:25		00:32:59
959	Hanne	Burleson	Organ	NM	56	f	00:56:11						
959	Hanne	Burleson	Organ	NM	56	f	01:16:35	00:53:24		00:51:32	00:55:37	00:59:36	00:53:03
1351	Charlotte	Nale	Walhalla	SC	64	f					00:47:14		
1352	Suzette	Nunley	Bluefield	WV	53	f	00:36:14						
1353	George	Rose	Woodlawn	VA	43	m		01:23:00	01:01:00	00:53:00	00:53:00	01:08:00	00:58:00
1354	Maria	Lagos	Piedmont	CA	21	f					00:39:28	00:39:18	00:39:59
1355	Tolganai	March-Cunningham	Piedmont	CA	8	f					00:36:25	00:35:55	00:34:50
1356	Simon	March-Cunningham	Piedmont	CA	9	m					00:36:25	00:35:55	00:34:44
1463	Cristie	March	Piedmont	CA	44	f					00:36:36	00:35:55	00:34:50
1464	Cathy	Duesterhoeft	Westfield	WI	54	f	01:16:35	00:52:17	00:54:02	00:48:19			01:09:37
1465	Madelleine	Grundzien	Lawrenceville	GA	22	f							00:56:31
1466	Matt	Amick	Lexington	KY	39	m	00:40:30						
1467	Lisa	Amick	Lexington	KY	33	f	00:40:30						
1468	Christopher	Diehl	Wytheville	VA	33	m	00:21:21						
1469	Mike	Bell	Camden	TN	48	m		00:31:56					
1470	Ashton	Gehring	Warner Robins	GA	13	m	00:40:30	00:34:44	00:34:03	00:34:49	00:34:19	00:34:15	00:31:52
1471	Michelle	Grundzien	Lawrenceville	GA	55	f							00:56:31
1472	Mike	Adkins	Princeton	WV	44	m	00:28:45	00:28:13					
1473	Matthew	Readinger	Fort Scott	KS	17	m	01:03:00	00:45:00		00:48:15	01:47:55	01:26:06	01:18:30
1474	Jane	Russell	Sykesville	MD	51	f	00:57:35		00:59:02				01:15:50
1475	Jeanette	Black	Aberdeen	SD	79	f			01:28:35		01:47:55	01:26:06	01:31:20
1476	Julianna	King	Fairview	NC		f				00:37:19			
1477	Joseph	Hermon	Marietta	GA	64	m				00:48:48			
1478	Debbie	Tallman	East Canton	OH	60	f							01:31:20
1479	Diana	Carrier	Lawrenceville	GA	60	f							00:38:19